**Resources**

1. How to get tested for COVID-19 and where:
   1. If you think you should be tested for COVID-19:

* Start with your regular medical provider or the hospital system where you last received medical care. Call or contact them over the internet so that a medical professional can evaluate whether testing is appropriate for you.
  + Penn Medicine: call COVID-19 Hotline at (267) 785-8585 or go to their [**website.**](https://www.pennmedicine.org/coronavirus)
  + Jefferson: use **[JeffConnect](https://hospitals.jefferson.edu/jeffconnect.html)** for a virtual doctor’s visit and testing referral if indicated or go to their [**website.**](https://thehealthnexus.org/mobile-testing-for-covid-19-now-at-all-major-tjuh-sites/?utm_source=cv19banner)
  + Temple Patient Triage Hotline: (215) 707-6999 or go to their [**website**](https://www.templehealth.org/2019-novel-coronavirus).
  + Einstein Hospital: (800) 346-7834 or go to their [**website.**](https://www.einstein.edu/coronavirus)
  + Children’s Hospital of Philadelphia: (800) 879-2467 or go to their [**website.**](https://www.chop.edu/coronavirus-updates)
  + Mercy Health COVID-19 Hotline: (215) 748-9204.
  + Mainline Health Contact Center: (866) 225-5654 or go to their [**website.**](https://www.mainlinehealth.org/conditions-and-treatments/conditions/covid-19)
  + PHMC: (855) 887-9229 or go to their [**website**](https://www.phmchealthnetwork.org/).
  + City Health Center patients can call (215) 685-2933.
  + Many Federally Qualified Health Centers and other clinics also offer testing. Call before going to the clinic.
* If you are not able to get tested through your medical provider, you can be tested at a public testing site:
  + **Health Department Walk-Up Site**
    - Hours: Daily from 9 a.m. to 5 p.m.
    - To be tested here, you must be a healthcare worker or first responder, OR have symptoms of a fever and new onset of cough and be over 50.
    - This site is available by appointment ONLY. Call 267-491-5870 for a referral.
    - Bring your driver’s license or PHL City ID and insurance card (if you have one). Persons will NOT be turned away due to lack of insurance or documentation, and the test will be done at no cost.
  + **Rite Aid  
    7401 Ogontz Ave., 19138**
    - Hours: Daily from 9 a.m. to 5 p.m.
    - To be tested here, you must be a healthcare worker or a first responder AND have symptoms consistent with COVID-19.
    - Before getting tested here, you must register at [**www.riteaid.com**](http://www.riteaid.com/). Click on the red COVID-19 testing banner at the top of the page to register.
  + **American Family Care (AFC) Urgent Care  
    180 W. Girard Ave., 19123 (below Acme at 2nd & Girard)**and **American Family Care (AFC) Urgent Care  
    2401 W. Cheltenham Ave., 19095 (near Chick-fil-A, Chipotle, and Panda Express)**
    - Walk-up testing, Monday-Friday
    - To be tested here, you must be screened via TeleCare in advance. Visit [**www.afcurgentcarenolibs.com**](http://www.afcurgentcarenolibs.com/) OR [**www.afcurgentcarecheltenham.com**](http://www.afcurgentcarecheltenham.com/) and click “Book a Virtual Visit Online” to be seen by an AFC provider from your device in the comfort of your home.
  + Note that these sites ONLY perform testing. If you have a worsening cough, shortness of breath, or fever over 101 for more than three days, please seek medical attention from your primary care provider, an urgent care clinic, or a hospital emergency department (call in advance to tell them you have symptoms so they can prepare and wear a mask if possible).
  + When traveling to a testing site, wear a surgical mask over your nose and mouth. If you do not have a surgical mask, wear a scarf over your nose and mouth.

1. **Test Results**:
   1. If you were tested at a location that is **not** a hospital or City health center (for example, Citizen’s Bank Park or a pharmacy), you should be able to get your test results on the laboratory’s patient portal:
      1. [Bioreference Laboratories](https://www.bioreference.com/patient-portal/)
      2. [LabCorp](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fpatient.labcorp.com%2F&data=02%7C01%7CHans.Kellner%40phila.gov%7C13e479feaba64c432c9308d7d597cfad%7C2046864f68ea497daf34a6629a6cd700%7C0%7C0%7C637212720302083302&sdata=6tDuJtJlY7eMVaV%2BClk18t29t%2BhaEmRR9%2BvnldVp56s%3D&reserved=0)
      3. [Quest Diagnostics](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fmyquest.questdiagnostics.com%2Fweb%2Fhome&data=02%7C01%7CHans.Kellner%40phila.gov%7C13e479feaba64c432c9308d7d597cfad%7C2046864f68ea497daf34a6629a6cd700%7C0%7C0%7C637212720302083302&sdata=whStWzoDzIQNtSsuNSE9pS5nyKugyFKvFv9lJlOBeN0%3D&reserved=0)
      4. Citizen’s Bank Park testing is being performed by QEST.
2. PPE

It has been a difficult process to procure Personal Protection Equipment (PPE) for many providers. We know many providers are using homemade masks, poncho raincoats and trash bags. We wish to thank the providers for their many innovative solutions to some hard problems.

Here are a few resources that may be helpful.

1. To ask for donations or to provide free donations, visit <https://getusppe.org/>
2. **G5B Solutions Inc.**

John Rinaldo, Pres. and CEO

717-462-9801

1. **Keystone Med, LLC**

Carolyn Murphy, Pharmacist

610-837-7138

1. **Tri-State**

Kevin Kerns, CEO, EMT

Folsom, PA

866-503-3430, X. 403

[www.tristatetraining.com](http://www.tristatetraining.com)

1. **LD Innovations, LLC**

Dan Meyers

727-432-9933

**For more information: visit** <https://www.phila.gov/departments/department-of-public-health/>

1. The phila.gov website provides other links to organizations that provide free bereavement services for specified losses (loss of a child/baby, supports for children, drug related, suicide and homicide).  Some of these organizations ability to support of course has been affected by COVID restrictions but they provide contact information and additional assistance.

<https://www.phila.gov/services/mental-physical-health/get-bereavement-support/>

Get bereavement support

The [**Medical Examiner’s Office**](https://www.phila.gov/departments/medical-examiners-office/) (MEO) offers free bereavement support to grieving individuals.

Who

The MEO’s bereavement support services are offered to everyone in need, including but not limited to those who:

* Experienced the loss of an infant or child.
* Lost a loved one to a drug overdose.
* Lost a loved one to homicide.
* Lost a loved one to suicide.

I also checked out Penn Medicine’s site because they extend their grief support groups to the community for free:

[https://www.pennmedicine.org/for-patients-and-visitors/find-a-program-or-service/penn-medicine-at-home/bereavement-services/bereavement-services-for-adults](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.pennmedicine.org%2Ffor-patients-and-visitors%2Ffind-a-program-or-service%2Fpenn-medicine-at-home%2Fbereavement-services%2Fbereavement-services-for-adults&data=02%7C01%7CCasey.Jurimas%40Phila.gov%7Ce394b64b6ef243c68f9d08d7ebcff6c1%7C2046864f68ea497daf34a6629a6cd700%7C0%7C0%7C637237150734029135&sdata=6jRwX9Sj4v1rcnoZvpQYgiRP6bRt3DEhBADW2vBShII%3D&reserved=0)

Also, while in NJ, I believe, this group is offering zoom sessions – this link speaks specifically to COVID-19 related support needs:

[http://bereavementcenter.org/covid-19-info/](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fbereavementcenter.org%2Fcovid-19-info%2F&data=02%7C01%7CCasey.Jurimas%40Phila.gov%7Ce394b64b6ef243c68f9d08d7ebcff6c1%7C2046864f68ea497daf34a6629a6cd700%7C0%7C0%7C637237150734029135&sdata=qgI3Co%2BYoWr04CwxloXuT14DDEg3GW1DkEDJtbjw%2Fnw%3D&reserved=0)