Time Banking =  
Awesome Job Opps!!

# Shared Resources??

Alli’s Definition (Not Merriam Webster):

Sharing skills, information, products and possessions with your neighbors, community members, friends, co-workers etc…

# The sharing often replaces monetary transactions.

* Mural of cityscape with following:
* Let’s fill our communities with:
  + Worker cooperatives
  + Community gardens
  + Carsharing Groups
  + Lending Libraries
  + Ecovillages
  + Local Currencies
  + Grocery Cooperatives
  + Community-Woned Solar Cooperatives
  + Maker Spaces
  + Freelancer Cooperatives
  + Time Banks
  + Land Trusts

# Time Banking is a social construct.

* It’s a non-monetary economy where members agree to share resources and skills in order to meet needs, develop reciprocal relationships and build community.

Social Capital is “the resources available in and through personal and business relationships.”

- Wayne Baker

# Relationships Make the World Go Round

How we find our soul mates

How we know who to trust

How we find the good coffee shop in town

How we find jobs

How we succeed in business

## Who Makes Your World Go Round?

* Picture of two people superimposed over an image of a relationship map identifying the important people in one of their lives.

# What we think we know…

If we can help people with disabilities increase their social capital, we can also help them to:

* Maintain employment in a job they like.
* Empower them to choose where and with whom they want to live.
* Gain access to the opportunities they want.
* Have lots more fun!
* Be respected and liked by others.

## One Solution: Time Banking!

<https://goodneighborstb.timebanks.org/>

This project –the development of the Good Neighbors Time Bank- is supported by a grant from the Pennsylvania Developmental Disabilities Council.

## Tenets of Time Banking

* Everyone has something to offer others and their community.
* Everyone’s time is of equal value.
* Everyone has the opportunity to receive equal to what they give.
* Everyone benefits from having relationships and a network.
* Everyone’s needs can be met if we have the opportunity to rely on one another and respect what everyone can offer.

## Time Banking- How does it work?

* 1 hour of service is = to 1 time dollar (sometimes referred to as a time credit)
* When a time dollar is spent/earned, this is called an exchange.

Example: Monica and Joe are time bank members. Monica wants to learn how to play guitar, but she doesn’t have money to pay for lessons. Joe has played guitar for 20 years and offers instruction as a skill he will share with others. Monica has a 1 hr lesson with Joe. Monica “pays” Joe 1 time dollar. Later Joe can use that time dollar for something he needs or wants.

Exchanges are recorded online at [www.goodneighborstb.timebanks.org](http://www.goodneighborstb.timebanks.org/) or your time bank’s website.

## Benefits of Time Banking

* Builds authentic relationships
* Helps to builds skills and confidence
* Pathway to self- employment
* Provides social opportunities too
* Can be used as Discovery and Customized employment launcher

**All are direct connects to employment!**

## Exchange Ideas

### Offers:

* Help cleaning out basements, sheds, closets
* Turning over seasonal closets
* Animal/Pet care
* Companionship
* Mothers helper or Shopping Asst
* Lawn/Garden Care

### Requests:

* **Transportation!** (to work, recreation etc)
* Companionship
* Recreation help
* Learning (guitar lessons, yoga class, jewelry making, cooking, bread making)
* Tutoring
* Seamstress/Tailor

# Role of the time bank coordinator

* The primary point of contact In charge of membership recruitment
* Connecting members; facilitating exchanges
* Events planner:
  + Membership Drives
  + Social activities
  + Orientation for new members

\*\*Think Julie on the Love Boat\*\*

# GNTB Counties

* Berks
* Chester
* Montgomery
* Delaware
* Philadelphia
* Bucks

# Links…Where to find us

* Blog [www.goodneighborstb.org](http://www.goodneighborstb.org/)
* Website [www.goodneighborstb.timebanks.org](http://www.goodneighborstb.timebanks.org/)
* Facebook [www.facebook.com/GoodNeighborsTB/](http://www.facebook.com/GoodNeighborsTB/)
* Check out [www.timebanksusa.org](http://www.timebanksusa.org/) to find a time bank in your area.

# Call to Action

* Subscribe to our social media pages
* [www.goodneighborstb.org](http://www.goodneighborstb.org/)
* Talk it up!
* Begin thinking about who you know who could benefit from time banking.
* Let me know if you belong to an organization who would like to host a membership drive, social activity or orientation
* Meet your neighbors!!!

# Contact Information

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KEEP IN TOUCH!