



Networks for Training and Development, Inc.

Presents

**Personal Empowerment &
Leadership for Youth
Trainers' Training**



Table of Contents

Why This Course?	3
Who Is This Course For...?	4
Course Overview	5
What Is My Commitment?	5
About the Facilitators	6
Sign Me Up!.....	6



*The future belongs to those who believe in
the beauty of their dreams.*

~ Eleanor Roosevelt

Why This Course?

This 6-session trainer's training and certificate course will be an opportunity to think, re-think, re-learn, and push others to recognize true self-advocacy and empowerment. The series is specifically geared towards work with youth across all systems that are planning for their transition from school to adult life. Throughout each session, we will explore ways to reach out to assist young folks and those who support them to believe in possibilities, create new futures, and take action and meaningful steps towards that new life.

Networks for Training and Development, Inc. (Networks) has extensive commitment to and experience in providing training, demonstration projects, and direct assistance around Person Centered Planning and Life Coaching. Fundamental to the work and mission of Networks is to assist others to live more inclusively and experience meaning in their work, social and living situations. Through this trainer's training participants will gain practical experience, access useful materials, and build capacity within their own organizations. This is an opportunity to make a difference and have fun!



Who Is This Course For...?

This course is open to all interested in supporting youth empowerment, leadership, and future planning! Since the course is a trainers' training, it is expected that participants will take information, resources, and practical experience back to their groups and organizations to build capacity through training and assistance to others. Through this course, participants will have an opportunity to reflect on their own experiences, begin supporting youth and their families to plan for their transition from school to adult life, and share knowledge through mentoring and training opportunities.



Course Overview

Class	Areas of Learning and Discussion
Class 1 2/28/12	Shifting Our Perspectives About Transition, Support, & What We Can Do to Make a Difference!
Class 2 2/29/12	Understanding Person Centered Planning, THE Tool for Change!
Class 3 3/29/12	Learning & Doing Personalized Career Planning!
Class 4 4/26/12	Teaching Each Other! Understanding the Larger System! (This session will require attendance at Networks' "Setting Early Expectations for Work", the first day of the 13 th Employment Supports Symposium.)
Class 5 5/17/12	Building Portfolios & Getting to Action!
Class 6 5/31/12	Celebration, Graduation, & Mini-Conference!

(All classes will be held 9:30am - 4 pm except Session 2, which will be 9:30am – 12:30 pm.)

What Is My Commitment?

- ☞ Fully participate in all 6 sessions of the “Trainers’ Training” course!
- ☞ Attend all classes; keep up with readings and assignments between classes!
- ☞ Pick a young person to assist and focus your learning across the course!
- ☞ Work with an in-house advisor within your group/organization to begin building “local capacity” for continued growth!
- ☞ Be willing to assist in training opportunities!
- ☞ Be open to stretch, re-think, re-learn and push others to recognize true self-advocacy and empowerment!
- ☞ Have fun and make a difference!

About the Facilitators

Jill Gromen, M.S.W. is the Assistant Executive Director for Networks for Training and Development, Inc. With over 20 years of experience, Jill's background includes direct support, supports coordination, program planning and development, training coordination and delivery, and Person Centered Planning. In her current role, Jill plans for and implements the development of new projects and organizational directions, and provides a variety of training and consultation around person centered and transition planning. A constant throughout Jill's career is her fundamental belief that our well-being is tied to inclusive communities that hear and respect everyone's voice.

Julia Barol has been with Networks for Training and Development, Inc. since 2007 as Director of Special Projects. In this role, she is involved with several projects related to transition-age youth in Philadelphia, including co-chairing the Transition work group within the Employment 1st Philadelphia initiative and coordinating the Transition Planning Project. Julia is a Certified Benefits Specialist through Virginia Commonwealth University and has worked with Social Security beneficiaries since 2001. Most recently she has obtained a graduate certificate through the George Washington University in Transition and Special Education, and is currently pursuing a Master's degree in Secondary Special Education and Transition through GWU.

Joe Murphy is the Supports and Technology Coordinator with Networks for Training and Development, Inc. where he lends assistance to various people and projects regarding employment and Assistive Technology (AT). Since 1997, Joe has worked in various community support projects always coaching people to live full and independent lives, always striving towards their best. Joe is a graduate of Philadelphia's first Communication Mentors' Course, the Employment Mentors' Course, and many other programs re: employment and / or AT, and has received certification in life coaching for business. During his spare time Joe is the defensive backs coach for Neuman Goretti High School's football team.

.... and many guests!

Sign Me Up!

Participation in the Personal Empowerment and Leadership for Youth Trainers' Training involves personal and organizational commitment. Registration is via an application process for the Course participant as well as any involved supporting organizations.

Course fee is \$300 per participant

For more information regarding Personal Empowerment & Leadership for Youth Trainers' Training & to receive your Course Application, please contact Jill Gromen at jillg@networksfortraining.org or 267.408.9027